

Emergency Plan



Names of family members:

Address:

Home phone:

Mobile:

Local emergency phone numbers

Parents/Caregivers at work:

Police:

Fire:

Ambulance:

Doctor:

Other relatives

Name	Address	Home Phone	Work Phone	Mobile

Neighbours

Name	Address	Home Phone	Work Phone	Mobile



It is _____'s job to check emergency survival items when daylight saving time starts in October every year and replace any items as they reach their use-by dates.

How will we get home from school/work if it is safe?

eg Mum will collect Ben and Mary from school.

_____ will _____

_____ will _____

_____ will _____

_____ will _____

If we are at home:

_____ will _____

_____ will _____

_____ will _____

_____ will _____

If we are separated, we will meet at:

The location of our closest Civil Defence Centre or Sector Post is:

Things we need with us:

- emergency survival items eg. torch, radio, water
- getaway items eg passports, photos
- clothing
- blankets and toiletries
- special needs bag (glasses, medication, baby supplies)

Checklist for Emergencies:

In a civil defence emergency we will remain in our home unless advised otherwise. We will need to be prepared to look after ourselves for three days, maybe more. In an emergency we will:

- Stop, think and respond
- Get our emergency survival items
- Listen to the radio for advice and information

If we have to evacuate our home in an emergency we will:

- Take our getaway items, with the necessary emergency survival items
- Turn off our water, electricity and gas
(always seek professional advice before reconnecting the gas supply)

Other things to do to be prepared:

- I know the location of fire extinguishers at home, and I know how to use them. (Ask an adult in your family to show you how to do this. Small fires can be started as a result of an earthquake).
- I know how to contact adult family members, in case I need to, during the day (work/home and mobile numbers). I have written these numbers down and I carry them with me in my school bag.
- We have discussed who would collect me from school if the school needs to close because of an emergency.
- We have discussed which neighbour I would call on for help if needed.
- We have discussed and practiced our emergency plan/home plan.
- I know that the person in my family who is a qualified first aid person is:

- I know how to care for my pets. I have a leash for the dog and a carry box for the cat in case we need to leave home.

WATER:

- In case water pipes burst I know how to turn the water off at the mains?
(If you don't know ask an adult in your family to show you how to turn the water off today).
- We do not put chemical cleaner in the toilet cistern as this poisons a potential source of water during or after an emergency.

ELECTRICITY and GAS:

- I know how to switch off the electricity and gas at the mains. (If you don't know ask an adult in your family to show you how to do this).
(Don't turn off gas during practice, as professional advice is required to reconnect).

MEDICINE:

You need enough medication for 14 days because it may not be available immediately through chemists or doctors after an emergency.

- We have enough medication at home for 14 days.

